



Victoria Marie LEES

MOTHER | AUTHOR | IVY LEAGUE GRAD

About me

I am an award-winning poet and author. I have published in *Chicken Soup for the Soul*, *Business Insider*, and other national magazines. I lead writing workshops in libraries and assisted living centers. I earned my B.A. in English from the University of Pennsylvania. A poetry lover and tree hugger, I run on tea, homemade cookies, and (when it's not Lent) lots of dark chocolate.

LET'S WORK TOGETHER!

- Guest blog posts or co-authored articles
- Joint giveaways or book bundles
- Podcast guest appearances
- Facilitating or co-leading workshops
- Print, radio, or online interviews
- Collaborations
- Guest speaking
- Contributing personal essays or op-eds

SIGNATURE TOPICS

— ✎ —
Determination and Perseverance
Overcoming Self-Doubt and Insecurity
The Power and Importance of Education
Balancing Family Responsibilities and Personal Aspirations
The Significance of Family Support
Advocacy and Support for Children with Learning Differences
Finding One's Voice and Identity Through Writing
The Experience of a Non-Traditional Student
Overcoming Academic Challenges
The Pursuit of Dreams

PREVIOUS COLLABORATIONS

**BUSINESS
INSIDER**



*Chicken Soup
for the Soul*

*South Jersey
MOM
MAGAZINE*

BIBLIOGRAPHY OF PUBLICATIONS

ANTHOLOGIES

- Lees, V.M. (2008). A Journey of Her Own. In Squire, R. (Ed.), *F Word: A Collection of Feminist Voices* (pp. 28-31). Kelly Writers House.
- Lees, V.M. (2012). Waiting for Independence Day. In Marner, K. and Bashista, A. (Ed.), *Easy to Love but Hard to Raise: Real Parents, Challenging Kids, True Stories* (pp. 277-281). DRT Press.
- Lees, V. M. (2019). Evening Things Up. In Newmark, A. (Ed.) *Chicken Soup for the Soul Mom Knows Best* (pp. 16-17). Chicken Soup for the Soul, LLC.

NONFICTION MAGAZINES

- Lees, V.M. (May 2003). Pedalers' Express: Ocean to Ocean. In Jacobs, A. (Ed.), *Listen Magazine: Celebrating Positive Choices* (pp. 24-26). The Health Connection.
- Lees, V.M. (April 2011). Camping with the Family. In Richardson, A. (Ed.), *South Jersey Mom* (p. 11). Superior Graphics Print Management LLC.
- Lees, V.M. (August 2011). Make a Smooth Transition Back to School. In Richardson, A. (Ed.), *South Jersey Mom* (p. 16). Superior Graphics Print Management LLC.
- Lees, V.M. (September 2011). Combating Childhood Obesity. In Richardson, A. (Ed.), *South Jersey Mom* (p. 21). Superior Graphics Print Management LLC.
- Lees, V.M. (December 2011). Internet Safety: What Parents Need to Know. In Richardson, A. (Ed.), *South Jersey Mom* (p. 21). Superior Graphics Print Management LLC.
- Lees, V.M. (January 2012). A Journey to Lifelong Health and Wellness. In Richardson, A. (Ed.), *South Jersey Mom* (pp. 12-13). Superior Graphics Print Management LLC.
- Lees, V.M. (March 2012). Creating Memories: The Family Vacation. In Richardson, A. (Ed.), *South Jersey Mom* (p. 6). Superior Graphics Print Management LLC.

Lees, V.M. (August 2012). Consider College. In Sanok, M.B. (Ed.), *South Jersey Mom* (p. 10).

Superior Graphics Print Management LLC.

Lees, V.M. (January 2013). Holiday Spending Rx. In Sanok, M.B. (Ed.), *South Jersey Mom* (p.

10). Superior Graphics Print Management LLC.

Lees, V.M. (February 2013). Walking in Their Footsteps: South Jersey's Underground Railroad.

In Sanok, M.B. (Ed.), *South Jersey Mom* (P. 30). Superior Graphics Print Management LLC.

FICTION MAGAZINES

Lees, V.M. (October 2012). Emerging from Darkness. In Plecha, L. (Ed.), *Cricket Magazine:*

The Realm of Imagination (pp. 5-10). ePals Publishing.

Lees, V.M. (February 2014). My Father Is Grand. In Plecha, L. (Ed.), *Cricket Magazine: The*

Realm of Imagination (pp. 24-28). ePals Media.

Lees, V.M. (November/December 2015). Brotherly Love. In Plecha, L. (Ed.), *Cricket Magazine:*

The Realm of Imagination (pp. 5-10). Carus Publishing dba Cricket Media.

Lees, V.M. (July/August 2016). Natural Instincts. In Plecha, L. (Ed.), *Cricket Magazine: The*

Realm of Imagination (pp. 16-21). Carus Publishing dba Cricket Media.

Lees, V.M. (April 2018). Rite of Passage. In Plecha, L. (Ed.), *Cricket Magazine: The Realm of*

Imagination (pp. 5-10). Carus Publishing dba Cricket Media.

Lees, V.M. (May/June 2020). The Tides of Change. In Plecha, L. (Ed.), *Cricket Magazine: The*

Realm of Imagination (pp. 5-10). Cricket Media, Inc.

POETRY

Lees, V.M. (2014). 2009 Winner Haiku. In Yezzi, D. (Ed.), *Iris N. Spencer Poetry Awards: The Early Years* (p. 41). Story Line Press.

Lees, V.M. (2024). 2023 Pangaea Prize Seasons of Life: Poems by Victoria Marie Lees. *The Poets Billow*.

<https://thepoetsbillow.org/literary-art-gallery/2023-pangaea-prize/seasons-of-life-poems-by-victoria-marie-lees/>

ONLINE ESSAYS

Lees, V.M. (2024, April 27). I went to college at 40 while raising my 5 children. I had to make some parenting sacrifices. *Business Insider Parenting*.

<https://www.businessinsider.com/mother-five-children-went-college-parenting-sacrifices-2024-4>

Lees, V.M. (2024, July 10). I've camped across the US with my 5 kids. Here's how to make your kids love camping. *Business Insider Parenting*. <https://www.businessinsider.com/how-to-make-kids-love-camping-2024-7>

Lees, V.M. (2024, August 9). I lost my daughter at Disney World and was terrified. A simple tip helped me find her quickly, and I recommend it to all parents. *Business Insider Parenting*.

<https://www.businessinsider.com/tips-keep-children-safe-disney-world-2024-8>

Lees, V.M. (2024, October 4). I travel often with my 5 kids, and it's rarely easy. A scheduling mistake on a trip to Canada almost broke us. *Business Insider Travel*.

<https://www.businessinsider.com/traveling-with-kids-scheduling-mistake-trip-2024-10>

Lees, V.M. (2024, December 6). I hiked the Appalachian Trail with my family of 4. We ran out of water on the second day and faced a dire situation. *Business Insider Travel*.

[https://www.businessinsider.com/family-hiked-appalachian-trail-ran-out-of-water-2024-](https://www.businessinsider.com/family-hiked-appalachian-trail-ran-out-of-water-2024-12)

[12](https://www.businessinsider.com/family-hiked-appalachian-trail-ran-out-of-water-2024-12)

Lees, V.M. (2025, March 12). I went back to college in my 40s as a mother of 5. I was so stressed that I lashed out at my husband and kids. *Business Insider Health*.

<https://www.businessinsider.com/mother-enrolled-college-midlife-2025-3>